



We Bring Spirituality into Reality

It is two days until December 25th. Do you have a 'picture' of Christmas that you are not creating, experiencing, sharing, or feeling? If so, is it bringing you discomfort? Christmas is a potent holiday associated with many images, expectations, and feelings that if not realized can inspire feelings of loneliness, deprivation, desperation, pain, and sadness. While you may not be able to change the form that Christmas is taking this year, you can change your perspective about it, and therefore your feelings.

Sometimes an unfulfilling holiday season is the manifestation of our choices made throughout the year. These are choices that are made from fear, from an inability to live our lives in truth, and a lack of understanding regarding our self worth and the necessity of caring for ourselves first. When we have the courage to see how our holiday experience is in fact our own creation, we can then decided to create something new, even if Christmas is only two days away.

Reality is simply the reflection of what you feel and think. When you search for meaning, meaning will appear. When you seek truth, truth will appear. When you dream miracles, miracles will appear. When you connect to love inside yourself, love will appear. When you give yourself what you wish others would give you, fulfillment will appear. When you choose to feel hope and joy, your greatness and unique beauty, and the power you possess to create what you deserve, hope, joy, greatness, beauty, and abundance will appear. It is never too late to choose a better reality.

Christmas is love. You are love. You are Christmas.

Thank you for coming.